

# Northwest Words

The Official Publication of *Northwestern Toastmasters* Club 2946/37

We meet each first, third, and fifth Tuesday, 6:30 PM - Mayberry's, 50 Miller Street, Winston-Salem, NC

## OFFICERS for 2013-2014

Jeff Walker, CC/CL	President
Don Barnett, ATM-B	VP-Education
John Clark, DTM	VP-Membership
Brian Davidson, DTM	VP-Public Relations
Craig Thrift, CC/ALB	Secretary
Marcia Barney, DTM	Treasurer
Ron Davenport	Sgt. at Arms
On the web at	<a href="http://www.NWTM.org">www.NWTM.org</a>

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Our Next Meeting will be on

**April 1, 2014**

Tuesday

For More Information, call

**Marcia Barney (336) 712-8183**



*The Mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which each member has the opportunity to develop and practice communication and leadership skills, which in turn foster self-confidence and personal growth.*

## The Way It Was – March 18, 2014

By John Clark, DTM, VP Membership



The business session started at 6:30, presided over by current President Jeff Walker. Joel Schanker reminded us that current Northwestern Members could still enter the Table Topics contest. Our guest was Barbara Schanker.

The educational session began at 6:45. President Jeff Walker announced the changes in assigned roles and introduced our Toastmaster of the Meeting (and Contest) - Joel Schanker. Joel set the tone of the meeting by telling us some of the things that have happened on April 18.

Barbara Schanker served as Timer for the meeting. John Clark was the assistant timer. Our Grammarian and Word Master was Marcia Barney, who gave us the word "Tenacious." Brian Davidson was our Vote Counter.

Brian Davidson gave a prepared speech entitled "MCRP-PI" using project number 4 from the Competent Communication Manual. Jeff Walker evaluated Brian.

John Clark gave a prepared speech, "The Dash" based on Project number 4 in the

Entertaining Speech Manual. The superb Marcia Barney evaluated John's excellent speech.

Our Table Topics Contest saw three contestants give spirited answers to Joel's question involving a spirited conversation overheard in a dark alley off a dark street in a dark city. Jeff Walker was the winner and will be representing us at the area contest, March 29 at the South Side Library.

## Awards



**Jeff Walker – Table Topics Contest**

**John Clark – Best Speaker**

**Marcia Barney – Best Evaluator**

## Competent Leader Activity

Member	Project – Activity
John Clark	5 – Speaker

## 10 Tips for Public Speaking

Source: [www.TOASTMASTERS.org](http://www.TOASTMASTERS.org)

Feeling some nervousness before giving a speech is natural and even beneficial, but too much nervousness can be detrimental. Here are some proven tips on how to control your butterflies and give better presentations:

**1. Know your material.** Pick a topic you are interested in. Know more about it than you include in your speech. Use humor, personal stories and conversational language – that way you won't easily forget what to say.

**2. Practice. Practice. Practice!** Rehearse out loud with all equipment you plan on using. Revise as necessary. Work to control filler words; Practice, pause and breathe. Practice with a timer and allow time for the unexpected.

**3. Know the audience.** Greet some of the audience members as they arrive. It's easier to speak to a group of friends than to strangers.

**4. Know the room.** Arrive early, walk around the speaking area and practice using the microphone and any visual aids.

**5. Relax.** Begin by addressing the audience. It buys you time and calms your nerves. Pause, smile and count to three before saying anything. ("One one-thousand, two one-thousand, three one-thousand. Pause. Begin.") Transform nervous energy into enthusiasm.

**6. Visualize yourself giving your speech.** Imagine yourself speaking, your voice loud, clear and confident. Visualize the audience clapping – it will boost your confidence.

**7. Realize that people want you to succeed.** Audiences want you to be interesting, stimulating, informative and entertaining. They're rooting for you.

**8. Don't apologize** for any nervousness or problem – the audience probably never noticed it.

**9. Concentrate on the message – not the medium.** Focus your attention away from your own anxieties and concentrate on your message and your audience.

**10. Gain experience.** Mainly, your speech should represent *you* — as an authority and as a person. Experience builds confidence, which is the key to effective speaking. A Toastmasters club can provide the experience you need in a safe and friendly environment.

## Role of the Word Master

Source: [www.NWTM.org](http://www.NWTM.org)

The Word Master selects the Word for the Day and tallies the number of times the Word was correctly used during the meeting. The word should be chosen to help all members expand their vocabularies through introduction of a new word or re-emphasis of an abused or misused one. The Toastmaster of the Meeting will ask the Word Master for the word before the Table Topics session begins.

When giving the word, the Word Master should be sure to pronounce it correctly, spell it, give the definition of the word, and give examples of correct uses of the word in sentences. The Word Master can also write the word on a poster for display during the meeting. During the rest of the meeting, the Word Master should keep a list of all Toastmasters who use the word and the number of times it is used by each. If the word is used incorrectly or mispronounced, the Word Master should also note this so that it can be corrected during the Word Master's report.

Near the end of the meeting, the General Evaluator will ask for a report from the Word Master. This report should take less than 1 minute and should be delivered from a standing position near the Word Master's seat.

## ~~~~~ Word Fun!

No dictionary has ever been able to define the difference between "complete" and "finished". However, in a linguistic conference, held in London, England, and attended by some of the best linguistics in the world, Samsundar Balgobin, a Guyanese was the clever winner.

His final challenge was this: Some say there is no difference between "complete" and "finished". Please explain the difference in a way that is easy to understand. His response was:

When you marry the right woman, you are "complete". If you marry the wrong woman, you are "finished". And, when the right one catches you with the wrong one, you are "completely finished". His answer received a five minute standing ovation.

## ~~ Meeting Schedule ~~

Please Note. The Vice President of Education is continually adjusting the schedule to meet the requirements of our members. So, if you need to see the current schedule, contact our Vice President of Education.

	<b>4/15/2014</b>	<b>4/29/2014</b>	<b>5/6/2014</b>
<b>Barnett, Don</b>	Vote Counter/ Joke Master	Evaluator	Speaker
<b>Barney, Butch</b>	Evaluator	Speaker	Timer/ Joke Master
<b>Barney, Marcia</b>	Speaker	Toastmaster	Evaluator
<b>Bjork, Scott</b>	-		
<b>Christopher, Pam</b>	Table Topics	Evaluator	Speaker
<b>Clark, John</b>	Evaluator	Speaker	Evaluator
<b>Davidson, Brian</b>	Evaluator		Speaker
<b>Fesler, Rex</b>	Evaluator		Timer
<b>Gravely, Brian</b>	Timer		Evaluator
<b>Gross, Peter</b>	Speaker	Table Topics	Toastmaster
<b>McCormick, Patti</b>	-		
<b>Schanker, Joel</b>	General Evaluator	Speaker	Evaluator
<b>Thrift, Craig</b>	Speaker	Evaluator	Word Master/ Grammarian
<b>Walker, Jeff</b>	Toastmaster	Evaluator	Table Topics

**Remember: All roles are important! If you cannot attend the meeting,  
then PLEASE contact our VP of Education.**